

OUR GUIDING PRINCIPLES TO EMPOWER OUR SHARED VALUES

*Spiritual Mind Treatment, Visioning and Co-creation
Leaders as Vision Facilitators
Congruence
Accountability
Teamwork
Open Communication*

UNITED CENTER FOR SPIRITUAL LIVING

Change your thinking, change your life, a philosophy, a faith, a way of life

IMAGINE... "A World That Works for Everyone"

...Where poverty, hunger, homelessness, disenfranchisement and war no longer prevail; where forgiveness, compassion, nonviolence, respect, appreciation of beauty, and the generous sharing of resources are the norm.

*United Center for Spiritual Living
An International, New Thought Organization*

Comments About Seaside Wisdom For Life School

"The vision of a school that honors the divine wholeness of children and nurtures them to full self-expression and joyful, affirmative living has long been held in the collective heart of our organization. I thank and acknowledge Kalli Holmes-Sorensen and Rev. Christian Sorensen for actualizing this dream in the Seaside Wisdom for Life School. I know and accept that this divine idea is coming forth in time and space with all that it requires for fulfillment, and that it is a deep and great blessing to the children and families it serves and to all our world."

*Dr. Kathy Hearn, Community Spiritual Leader
United Center for Spiritual Living*

SEASIDE CENTER FOR SPIRITUAL LIVING

Seaside's Vision is to be a spiritual nexus inspiring people to live their dreams. Our Purpose is: Celebrating our Divinity, Loving our Humanity, Serving our Community.

SEASIDE WISDOM FOR LIFE SCHOOL

Comments From Our Founder, Kalli Holmes Sorensen

“Seaside Wisdom for Life School is sponsored by Seaside Center for Spiritual Living. At its founding, the congregation wanted to offer an outreach beyond Sunday morning. Therefore, SWFLS is an outreach of SCFSL, seen in offerings such as values, Universal Principles and quiet time for reflection, centering and focusing.”

*“SWFLS is a heart centered, private school. We are not a parochial school, even though we are sponsored by **Seaside Center for Spiritual Living**. We provide a non-secular program based on universal principles of Truth. Our philosophy is that each religion, in its essence, encompasses the universal truths embodied in our school. We support each child’s Inner Life and respect their individual expressions, beliefs and traditions. All spiritual paths are honored, accepted and welcomed here.”*

*“Let us explain our definition of **“Spirituality”** within our program: When we speak of "Spirituality," we aren't talking about abstract principles. We're talking about what happens in math and science classes, where, for example, we teach the children about the unity of all things. We like how the Dalhi Lama writes about this in the “Art of Happiness.” There are several levels of spirituality. Religious beliefs are one level that is generally an institutionalized approach to spiritual growth around doctrines, rituals and standards of behavior. But then there’s another level of spirituality that is a very personal and intimate expression of one’s connection to their Source. Then there is the “Basic Spirituality”- basic human qualities of goodness, kindness, compassion, caring. Whether we are believers or non-believers, this kind of spirituality is essential. We consider this level of spirituality to be more important than the first. As long as we are human being and member of a human family, all of us really need these basic spiritual values.”*

“Our goal at WFLS is to offer suggestions that nourish personal power and perspectives that may help a child to embody their spirituality. We do not offer rules or regulations but instead ways of empowering that deeply felt impulse that is innate in children. These concepts are not meant to replace individual beliefs, cultures or family traditions. Individual differences are magnificent colors of human life and the opening to spirituality has many gateways. The challenge is not so much to find the right list of spiritual principles but to live them, to let our lives be living expression of Spirit.”

United Center for Spiritual Living

OUR GLOBAL HEART VISION AND MISSION

OUR VISION: "GLOBAL HEART"

- We envision the emergence of the Global Heart to balance and guide the further evolution of humanity.
- We see a world free of homelessness, violence, war, hunger, separation and disenfranchisement.
- We see a world in which there is generous & continuous sharing of heart and resources. We envision a world in which forgiveness, whether for errors, injustices, or debts, is the norm.
- We see a world in which borders are irrelevant.
- We see a world which has renewed its emphasis on beauty, nature and love through a resurgence of creativity, art, and aesthetics.
- We see a world in which fellowship prospers and connects through the guidance of spiritual wisdom and experience.
- We envision a world in which we live and grow as One Human Family.
- We envision "UCRS" as a bridge across the illness and illusion of separation thereby dynamically empowering the vision of Global Heart.
- We envision "United Church of Religious Science" as united and actuated by this compelling vision of a healthy world (a world experiencing Global Heart) & are ardently -committed to bringing this vision forth through its ministries & its transformative teaching.
- We see the "UCRS" as a global community of people pervasively caring for and about each other and the entire human family, thereby bringing the gift of active compassion to the world. Our local churches and communities become "points of inspiration and influence" effectively advancing the vision of Global Heart.

OUR MISSION: "AWAKENING THROUGH SPIRITUAL COMMUNITY"

"United Church of Religious Science" experiences and manifests the truth of Oneness through the demonstration and development of Spiritual Community. We experience being one community with many locations.

The "glue" for our Spiritual Community is our shared commitment to spirituality, love, vision, community service, education, integrity, financial health, caring, and compassion. We make our decisions and guide our growth by continuous sensitivity to the unfolding vision of God for our community and by devotion to our shared values and guiding principles.

We convey a way of life based on spiritual practices that builds spiritual community globally. Every center, church or aspect of our Spiritual Community serves as a point of inspiration and dynamic influence for the vision of Global Heart, and we further express our vision through compassionate service to our members and to the world.

Our vital and growing Spiritual Community fuels an expanded awareness of our transformative teaching throughout the world. As we communicate "New Thought - Ancient Wisdom" through the teachings of Science of Mind and Spirit, we further the experience of a "universal spirituality" bridging all peoples, cultures, nations and faiths.

The richness of our expression of Spiritual Community cultivates leaders, not just followers. We bring forth an enlightened citizenry and generate an abundant flow of spiritual leaders in service to the transformation of our world.

United Center for Spiritual Living

WHAT WE BELIEVE

WE BELIEVE in God, the living Spirit Almighty; one, indestructible, absolute, and self-existent Cause. This One manifests Itself in and through all creation, but is not absorbed by Its creation. The manifest universe is the body of God; it is the logical and necessary outcome of the infinite self-knowingness of God.

WE BELIEVE in the incarnation of the Spirit in US, and that all PEOPLE are incarnations of the One Spirit.

WE BELIEVE in the eternity, the immortality, and the continuity of the individual soul, forever and ever expanding.

WE BELIEVE that HEAVEN is within US, and that we experience IT to the degree that we become conscious of It.

WE BELIEVE the ultimate goal of life to be a complete emancipation from all discord of every nature, and that this goal is sure to be attained by all.

WE BELIEVE in the unity of all life, and that the highest God and the innermost God is one God.

WE BELIEVE that God is personal to all who feel this indwelling Presence.

WE BELIEVE in the direct revelation of Truth through our intuitive and spiritual nature, and that ANYONE may become a revealer of Truth who lives in close contact with the indwelling God.

WE BELIEVE that the Universal Spirit, which is God, operates through a Universal Mind, which is the Law of God; and that we are surrounded by this Creative Mind which receives the direct impress of our thought and acts upon it.

WE BELIEVE in the healing of the sick through the power of this Mind.

WE BELIEVE in the control of conditions through the power of this Mind.

WE BELIEVE in the eternal Goodness, the eternal Loving-kindness, and the eternal Givingness of Life to all.

WE BELIEVE in our own soul, our own spirit, and our own destiny; for we understand that OUR LIFE is God.

UNITED CENTER FOR SPIRITUAL LIVING
What We Believe
Our 10 Core Concepts and Guiding Principles

Dr. Ernest Holmes, the founder of Religious Science and developer of the Science of Mind philosophy, gave this definition for his teaching:

Religious Science is a God-centered affirmative thinking and living. synthesis of the laws of science, opinions of philosophy, and revelations of religion, applied to human needs and the aspirations of humankind. Religious Science is the organization - Science of Mind is the teaching...though the terms are fully interchangeable.

Dr. Ernest Holmes was a mystic who found God in the silence. Going within and experiencing God in the deepest part of himself was his spiritual practice. His spirituality was reflected in his living; he believed he was one with God, and he experienced that oneness in all that he did. As important as the mystical experience was to Dr. Holmes, he also believed that religion had to be applied to everyday life problems, as an integral part of the walk of faith. Wholeness involved the Presence, yes, but also the Power -- the two faces of the dual nature of God.

Dr. Holmes developed the Science of Mind philosophy to reflect his twin beliefs that the inner experience of God gave entry to the Power of God and that changing the way we think about our conditions causes the Power of the Universe to *change* those conditions to make our lives better. **Science of Mind identifies the *spiritual principles* that apply equally to everyone in every situation, and it teaches us how to use them for our advantage.**

In their 1993 revision of the Foundational Class curriculum, Religious Science educators demonstrated that the Science of Mind philosophy is based on **10 Core Concepts** that serve as the organizing principles of the Universe. The complete text of the Core Concepts can be found in the Foundational Class workbook. Summarized, with keywords, they are:

1 - Oneness - God is the Source of all that is, and God is all that is. Everything in the Universe is made of the God-substance and is a unique, individualized expression of God.

2 – Triune Nature - God expresses Himself in three aspects -- Spirit, Soul, and Body. Each human being also has these same three aspects. Thus, there is God as macrocosm, human beings as microcosm.

3 - Creative Nature - God thinks, and the world comes into being. Likewise, all human accomplishments originate in thought. Our human thinking process is a reflection of the Divine Creative Process in microcosm.

4 - Prayer - All Good is eternally available and ready to flow into human experience. We activate this flow by means of prayer. Through affirmative prayer, or spiritual mind treatment, we increase our consciousness of Good eternally flowing to us.

5 – Wholeness - Spirit is a transcendent, perfect Whole that contains and embraces all *seeming opposites*. As human beings, we have free will and can *choose* what we experience, whether it be positive or negative. The same Principle that brings us freedom, prosperity,

and joy also allows us to experience bondage, lack, or misery, according to our consciousness.

6 - Abundance - All that anyone will ever need or desire is already provided by Universal Abundance. This applies to everybody, not just some people. Every person is heir to the riches of Creation, without regard to merit.

7 - The Reciprocal Universe - For every visible form there is an invisible counterpart. This means that what we receive corresponds to what we imagine and believe we can receive, the Law of Mental Equivalents. This also is the Golden Rule: that what we do to others will be done also to us, the Law of Cause and Effect.

8 - Forgiveness - In the Eternal Now, there can be no place for Divine anger, unforgiveness, or punishment. If we perceive a need for forgiveness, this is a human condition. Human forgiveness is the process that frees us to live in the Eternal Now. It is the essential step before real spiritual growth can flourish. Science of Mind teaches that the ultimate goal of life is complete emancipation from all discord of every nature, and that this goal is sure to be attained by all.

9 - Immortality - The Universal Truth about life is that life never ends. What we call death is simply the changing of one form of life for another. Death, the belief and perception that life must come to an end, is a human concept. As in birth the invisible becomes visible, so in dying the visible again becomes invisible. Life continues on another plane when the body has outlived its usefulness.

10 - The Christ - Christ is not a person, but a Principle, a Universal Presence, the Universal Image of God that is present in all Creation. This is the concept of the Cosmic Christ, which is present within every person. Each human individual partakes of the Christ nature to the degree that he or she recognizes the Cosmic Christ within and lives out of that revelation. Jesus of Nazareth was a human individual who revealed the Christ Nature to the highest degree ever known.